



Wednesday 16th September 2020

Dear Parents and Carers,

Welcome back to our new school year. I would especially like to welcome our new Reception and Nursery parents and those who have joined Thornhill in KS1 or KS2.

The first full week of the term saw our children (and parents) keen to be back in school. Whilst talking to various children, it was lovely to hear their evaluation of home learning. The overwhelming majority of children loved being at home 'for a while' but missed school. The children are adjusting rapidly to the new routines, and it is a joy to walk around the school and hear everyone engaged in learning.

This is a quick reminder of what to do if you suspect you or your child have Coronavirus.

The MAIN Coronavirus Symptoms - IMPORTANT

We are entering the season of colds and flu, and your child may become ill in some way or another. However, it is important to be able to distinguish the symptoms of Coronavirus. If your child or a member of your household develops any of the following symptoms:

- A high temperature – 38 degrees or above or if they feel hot to the touch on their chest or back.
- A new continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours. If you usually have a cough, it may be worse than usual.
- A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

Most people with Coronavirus have at least one of these symptoms.

What to do if you have Coronavirus symptoms

If you or your child have any of the above symptoms, **you MUST:**

- Self-isolate for 10 days from when your symptoms started
- Get a test to check if you have Coronavirus as soon as possible
<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/>
- Stay at home and DO NOT have any visitors until you get your test results – only leave your house to have a test.
- All members of your household must stay at home until you get your result.
- You or your child MUST NOT attend school.

We cannot provide you with medical advice, if you are concerned about your child's symptoms, please call your GP or NHS direct.

We have taken the precaution to send children home who have displayed some of the above-mentioned symptoms, all have been tested, and results were negative.

It's crucial that we keep everyone in the Thornhill community safe and that we do our best to reduce the number of cases. We must continue to follow the government guidelines, please continue to wash your hands regularly, wear a face mask in confined spaces, maintain social distancing and follow the rule of 6.

All the very best,
Miss Lewis
Headteacher

